



Barefoot Bowls

What to bring

- Sun protection (hat, sunglasses & or sunscreen)
- Although it's called 'barefoot bowls' other flat-soled shoes, such as thongs and sandals, are absolutely acceptable. Heels and shoes with tread are not to be worn as they will damage the greens.

House Rules

- There is no eating or drinking permitted on the actual greens themselves.
- Do not drop the bowls, always roll them out of your hand (to prevent damaging the greens)
- In barefoot bowls, driving of the bowls (bowling with force to knock other bowls out of play) is not allowed
- Children under 12 not permitted on Greens (for safety reasons)
- Ask at the bar before you start and a local bowler or staff member will set you up and go over the rules

How to Bowl

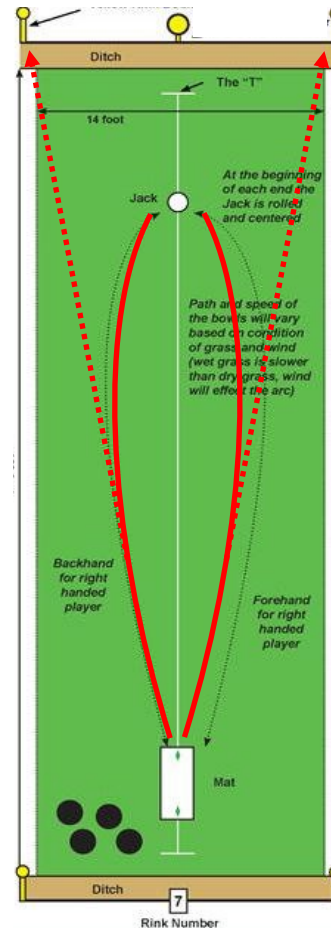


Bowls have a bias (which means as they slow down they will curve to one side)

The bias is to move towards the side of the little circle

IA rough guide as to where to aim the bowls are the marker pegs at the edge of your rink

Always keep one foot on the matt when you crouch to bowl, and remember where you aimed and how hard you rolled to adjust your next bowl



How to Play

- Toss a coin (off the green) for who goes first
- Teams use different coloured bowls
- The first bowler places the matt
- The jack is rolled, and then centered on the line
- Teams roll 4 bowls each (4 x 1 bowl, 2 x 2 bowls etc), with alternate bowls between teams
- Aim to get closest to the jack, you can hit other bowls closer or out the way, but no fast driving shots
- Bowls in the ditch are out of bounds and don't count towards scoring
- Once all 8 bowls have been rolled, the closest bowl to the jack scores 1 point– if the same team has the 2nd closest as well they score 2 points etc up to a possible 4 points
- Players walk to the other side of the green to bowl the reverse way, the winning team of the last end bowls first at the new end.
- There are many ways to play a game– you can play first to a score (such as 15 or 21) or you can play who is in front after a set number of ends (such as 10 ends) You may wish to play several small games to share the winning opportunities around
- At the end of a game move the bowls to the sand ditch and inform the bar staff (so they can pack away the bowls)